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Dilemmas & genetics

Dilemmas come to us every day, every hour, every situation. Dilemmas are no respecter of age, ethnicity, or gender. They are with us always. Of late, my dilemma is what to do with the 160 year old farm house (which of course now is in the middle of a residential area...farm land long ago partitioned off for a different purpose). It might actually not be a farm house, it might be a railroad house? since not two lots away is a little train station, and the railroad tracks (which are still heavily used) run within about 70 feet of the back door. This house my daughter no longer lives in is the one I am trying to rehab and sell. I totally enjoy this, and in the last two weeks I have learned how to tuck point bricks, make up a "lime based mortar" and replace rotted wooden window sills (long in need of repair)... I was totally amazed at how easy it was-- stunned at what someone else would have charged me to do this simple task, and scrutinized the exterior of the brick and was annoyed that someone (at some point in this house's long history) had tuck pointed some parts of the south exposure very sloppily, leaving mortar all over the face of some of th bricks.

I confess, it tickles me pink, to think that I can do some of these things by myself. I feel an independence and a feeling of "overcoming" a fear to try was quite pleasurable. I wonder where in the world I ever got the feeling that I could **NOT** do it in the first place. Why was I so reluctant to try, and why did the thought of being "incapable" enter my mind.

Same with stained glass projects. Some I just think are too difficult. BUT, am empowered to try. All those self-worth issues must be a combination of our environment and our rearing, including events that occurred in utero, early childhood, adolescence, and by role models too, and cause "epigenetic" changes to our DNA. In this sense, I doubt that my genetic makeup had much to do with my feelings of self-worth...but my childhood experiences, and role modeling had MUCH MUCH MUCH impact. I hope my daughter, and granddaughter feel empowered to try things more than I. All you out there with little kids.... give them a BIG and WONDERFUL world in which to experience all kinds of great things.

Thanks to all for a great month of October and I wish you all the best November ever, at the beginning of this holiday season.

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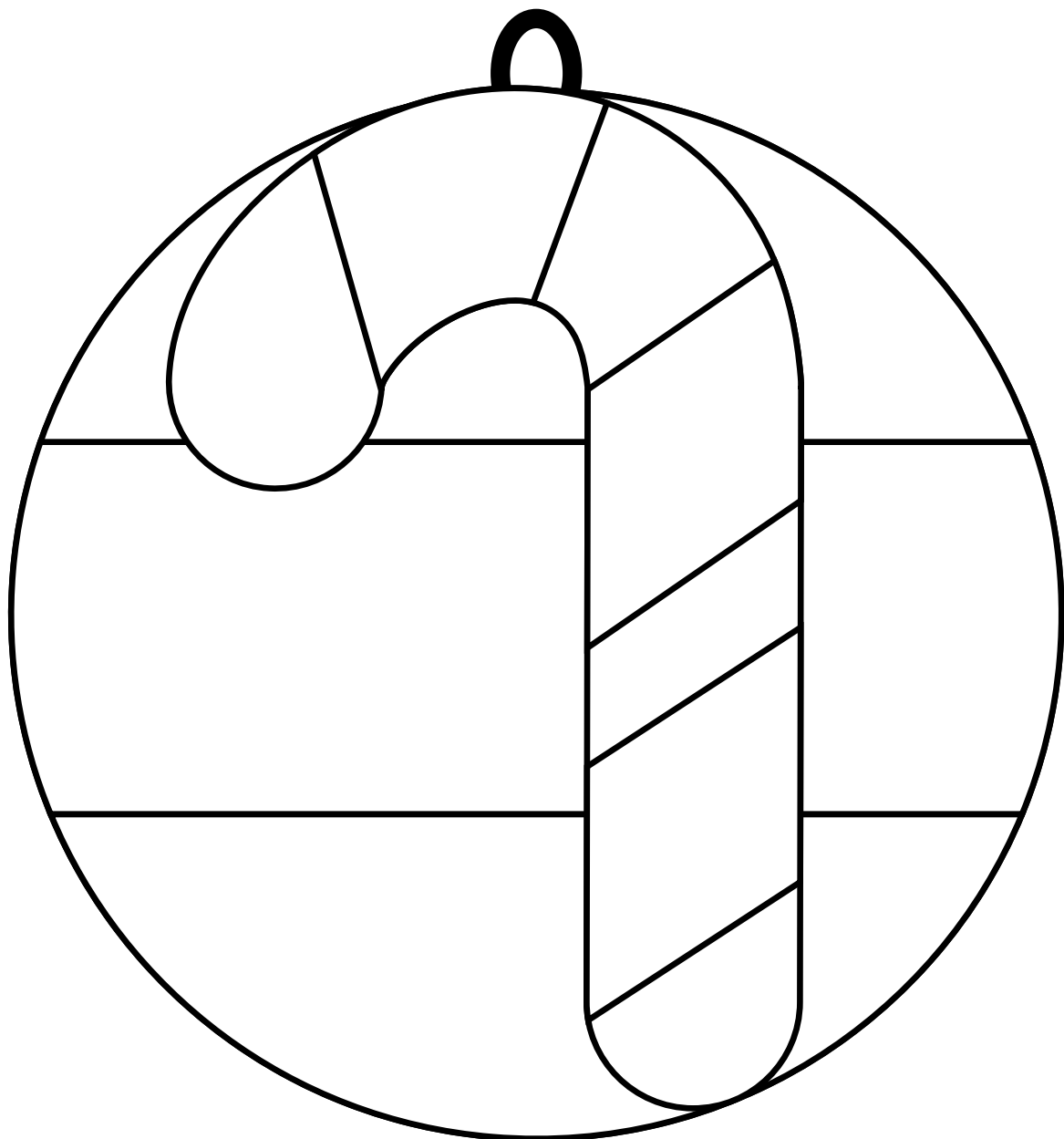
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lots of holiday stuff



free pattern for November



COUPON

ONE PRODUCT
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