



"time change" . . .

My first mistake of the new time change season is to call it "daylight savings" time, ha ha.. according to the internet it is just "dalylight saving" time, which is even more silly since no daylight is saved. I wonder who we think we are kidding, US?

Tradition has it that Benjamin Franklin began the idea as a joke, one to save candles. This makes no sense, unless it was before he invented the lightbulb. Other popular reasons it was implemented in the US appear to be that President Woodrow Wilson wanted more daylight hours in the evening to play golf!!!

You ask "what good does it do?" Studies have been done - or so I have read, that state that daylight saving does little to change any economic indicator. For example gothamist.com says that daylight saving saves about 1% of energy in the spring and the fall but that cost is offset by the increased use of air conditioning and heating. There are other studies that say it costs money. The real problem here is OUR problem, and that is the stress, emotional toll, circadian rhythm upset, which drives most of us nuts for at least one month after the change in fall and spring. These changes add up to disease, increased cancer risk, relational frays, and tired children.

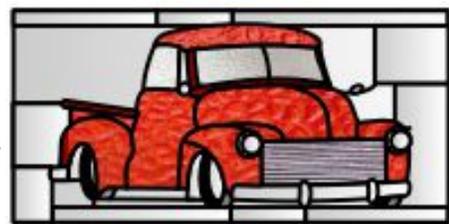
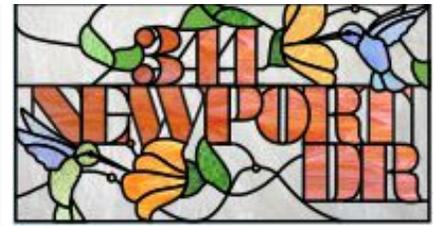
Please, lets do away with this practice!!! How can we make it happen.

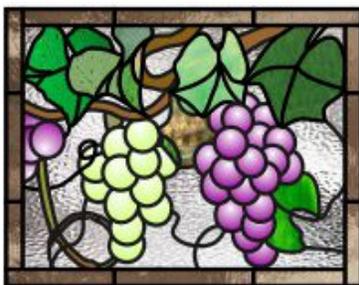
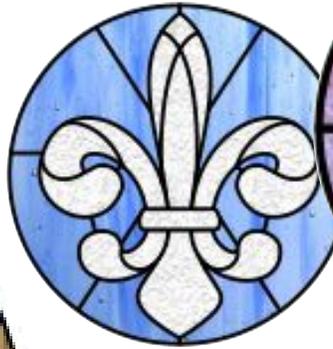
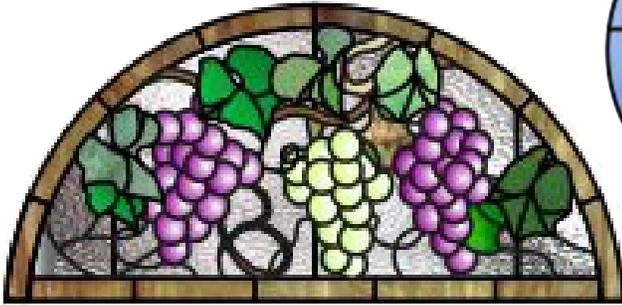
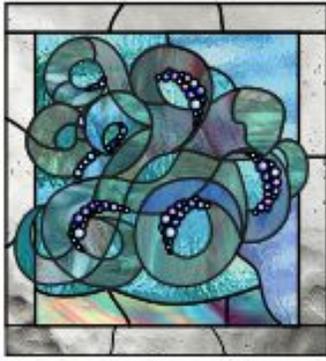
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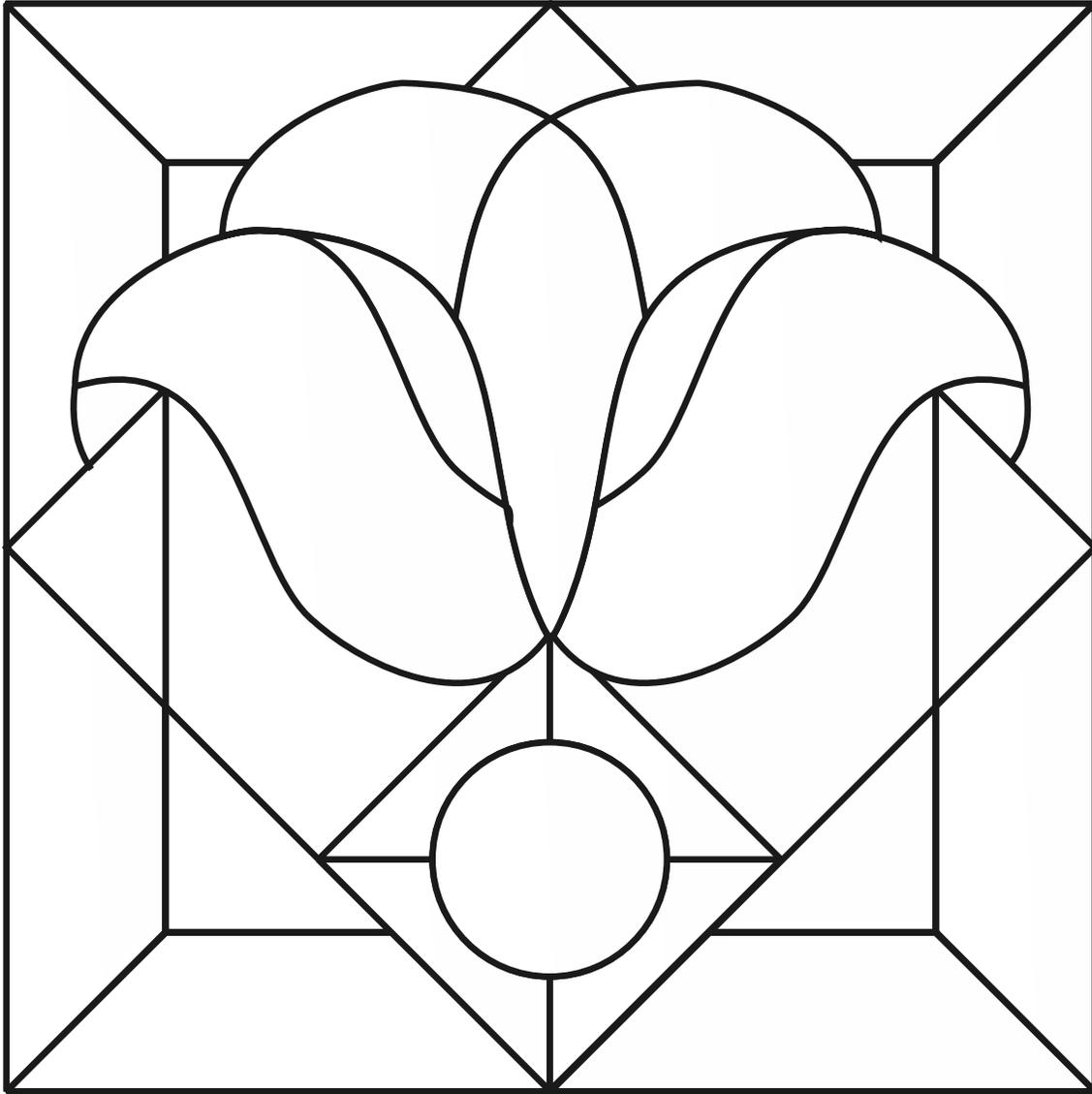


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COUPON



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